



Staff get ready to greet visitors at the STAR Program Open House on Thursday, May 10th.

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RehabNews

First in State to Earn the STAR Program Certification in Cancer Rehabilitation



mclaren.org/bayregion

Judy Goik, Editor
[989] 667-6605
judy.goik@mclaren.org



McLaren-Bay Region is the first in Michigan to earn STAR Program Certification in Cancer Rehabilitation. The clinical staff in the departments of Oncology and Rehabilitation underwent intensive training in Oncology Rehabilitation that helped further develop their expertise in this area of cancer care. This allows our staff at the Center for Rehabilitation to lead the way by offering first-rate cancer

rehab services to survivors.

The STAR Program is a nationally recognized cancer survivorship program that focuses on helping survivors to heal physically and emotionally as well as possible. Based on conventional medicine, the STAR Program utilizes an interdisciplinary approach in which caregivers from different specialties team up to help patients increase strength and energy, alleviate pain, and improve daily function and well-being. Most of the survivorship services integrated in the STAR Program are reimbursable by health insurance providers.

The STAR Program is being utilized in some of the best cancer centers in the country, including Johns Hopkins, as well as many excellent community hospitals. Oncology Rehab Partners was co-founded by Julie Silver, MD, an assistant professor at Harvard

Medical School, and herself a cancer survivor. Dr. Silver is a leading expert in rehabilitation medicine and the author of many books, including *After Cancer Treatment: Heal Faster, Better, Stronger* and *What Helped Get Me Through: Cancer Survivors Share Wisdom and Hope* (published by the American Cancer Society).

Dr. Silver developed the STAR Program after going through cancer treatment herself and realizing that she desperately needed rehabilitation in order to return to her former level of function. She now says, "Survivorship services, including oncology

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rehabilitation, are imperative to cancer care. Every cancer survivor should be offered the opportunity to heal as well as possible and function at an optimal level, whether their cancer is cured, in remission or they live with cancer as a chronic disease."

To receive its certification, McLaren-Bay Region executed Oncology Rehab Partner's unparalleled STAR Program Certification, a conventional medicine and evidence-based standardized model of oncology rehabilitation service delivery, successfully implementing the program's evaluation and treatment protocols



Staff from Rehab and Oncology Nursing who completed STAR training: l-r, back row: Kristin Rousseau, Joyce Duyser, Penny McGill, Nancy Morrow, Mary Grant, Kevin Foster; Front row: Cindy Gasta, Stephanie Leslie, Mary Mosher; Not pictured: Theresa Boyk

and rehabilitation training. These services will be offered to patients by a knowledgeable and sensitive medical staff that is specially trained to work

with survivors of all forms of cancer. STAR Program Certification from Oncology Rehab Partners provides hospitals and cancer centers with the tools needed to quickly and effectively implement an exceptional survivorship care plan.

We are excited to be the first in the state of Michigan to be teaming up with Oncology Rehab Partners to bring the STAR Program to our region. The STAR Program is part of a continuing effort to provide the best possible care for our patients. For more information about our comprehensive cancer care, including outstanding survivorship services, go to mclaren.org/bayregionrehab.

WELCOME!



We are pleased to welcome Whitney Dubai, Speech-Language Pathologist. Whitney graduated from Central Michigan University with a Masters in Speech-Language Pathology in 2012. She also earned a Bachelor of Applied Arts in Communication Disorders, Psychology, and Leadership in 2010. Whitney will be working at the Inpatient Rehabilitation Unit

on the West Campus of McLaren-Bay Region. Her interests include dysphagia, aphasia, and voice disorders.



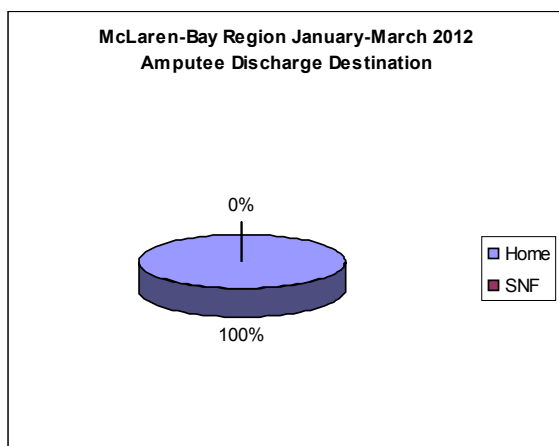
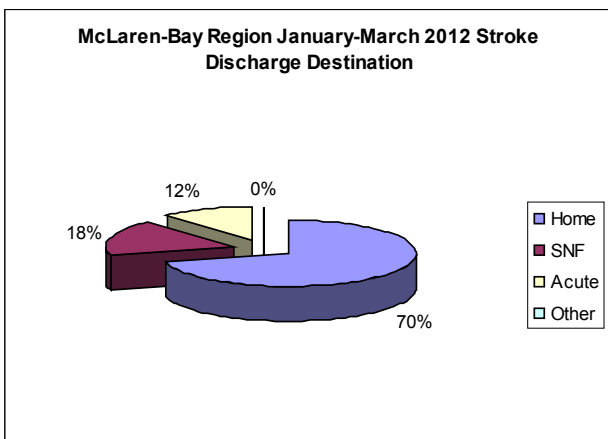
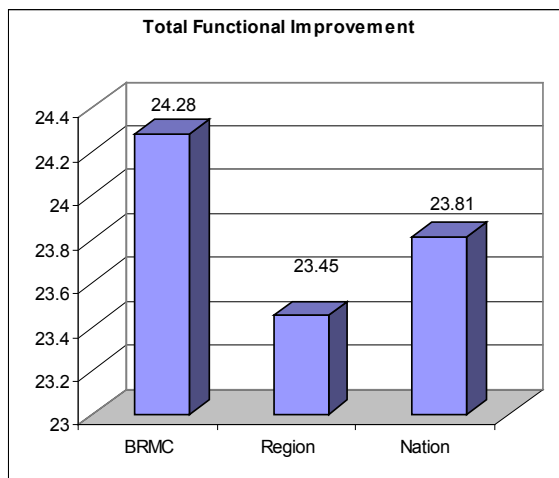
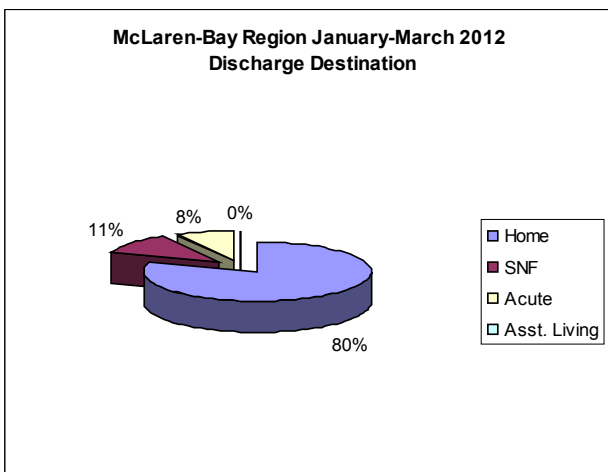
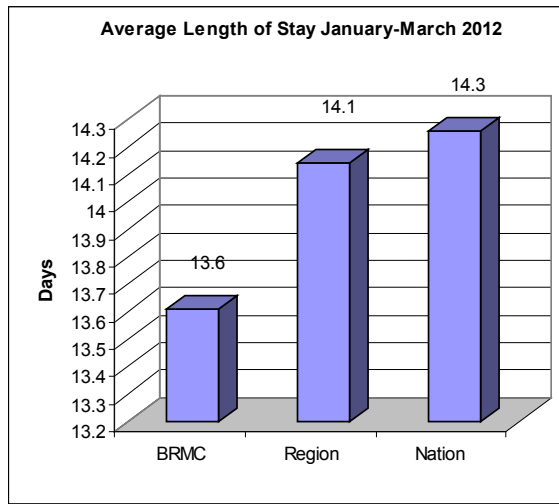
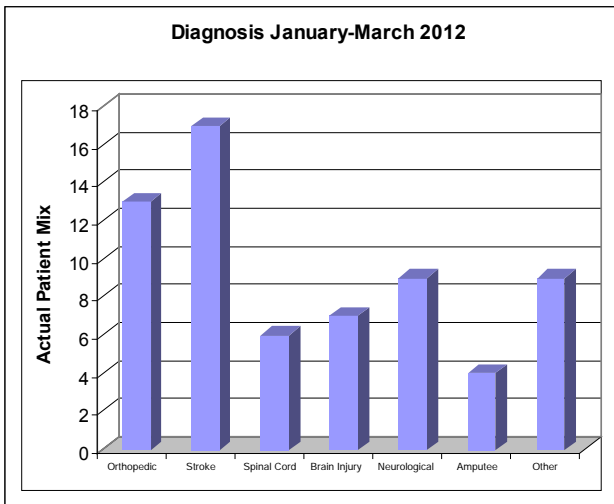
We are also pleased to welcome Rose Smith, Certified Therapeutic Specialist (Recreational Therapist). Rose graduated from Central Michigan University in 1996 with a Bachelor of Applied Arts in Therapeutic Recreation. She also has

an Associates of Science Degree from Delta Community College in 1994. She has 16 years of experience in the field as a Recreational Therapist. Rose worked at McLaren-Bay Special Care for the past 14 years and specializes in implementing physical, emotional, social, cognitive, leisure and recreational programs for patients with rehabilitative needs and has experience overseeing the canine assisted activities program. Rose is married and has two children. She will be working at the Inpatient Rehabilitation Unit at the West Campus of McLaren-Bay Region.



Inpatient Rehabilitation Unit Outcomes

Overall Outcomes: We are very proud of our outcomes as shown below. Patient satisfaction remains high at 84% "excellent" scores.





McLaren
BAY REGION

Center for Rehabilitation
McLaren-Bay's West Campus
3190 E. Midland Rd. * Bay City
Phone: (989) 667-6600
FAX: (989) 667-6610

McLaren-Bay Region offers six convenient Outpatient Physical Therapy Centers. To refer a patient, simply call us at the phone numbers listed below or send us a fax.



Medical Mall East
Physical Therapy Center
1454 West Center Rd * Essexville
Phone: (989) 895-4640 Fax: (989) 895-4641



NEW!
Riverview Physical Therapy Center
Bay Area Family Y
225 Washington
Bay City
(989) 895-4340
Referrals can be faxed to
(989) 895-4338



West Side
Medical Mall
Physical Therapy
4175 Euclid * Bay City
* Suite 6
Bay City
(989) 667-3646
Fax: (989) 667-3637

McLaren-Bay Region's
Rehabilitative Services Department
Offers comprehensive and coordinated services, including:

- Physical Therapy
- Occupational Therapy
- Speech Pathology

We specialize in:

- Back & Neck Injuries
- Orthopedics
- Neurologic Disorders and Injuries
- Sports Medicine
- Aquatics
- Hand Therapy
- Work Injuries
- Pediatrics

...and much more. For further information about our services for patients with all types of rehabilitative needs, call us at (989) 667-6600.

McLaren-Bay Region has been awarded, for the fifth consecutive time, a three-year accreditation by CARF, the Commission on Accreditation of Rehabilitation Facilities, for its Comprehensive Inpatient Rehabilitation Program for Adults.



Auburn Rehabilitation Center
312 E. Midland Rd. * Auburn
Phone: (989) 662-6387 Fax: (989) 662-6409
(Across from Auburn Elementary)



Pinconning Rehabilitation Center
4293 N. Huron Rd, (M-13)
Suite 2
Pinconning
Phone: (989) 879-5500
Fax: (989) 879-5395